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MBA FIELD TRIP KENYA & GHANA – MAR 2024

29 June 2023

NB: A VALID YELLOW FEVER VACCINATION CERTIFICATE IS REQUIRED. THE INOCULATION MUST BE ADMINISTERED AT LEAST 10 DAYS PRIOR TO DEPARTURE FROM SOUTH AFRICA.

SOUTH AFRICAN PASSPORT HOLDERS DO REQUIRE A VISA FOR GHANA.

FOREIGN PASSPORT HOLDERS SHOULD CONTACT SANDOWN TRAVEL FOR VISA INFORMATION!

PASSPORTS – PLEASE ENSURE THAT YOUR PASSPORT HAS AT LEAST 6 BLANK PAGES.

ITINERARY

FLIGHT DETAILS								
Day	Date	Flight	From		To		Depart	Arrive
Sat	09 MAR 24	KQ761	JNB	Johannesburg	NBO	Nairobi	12:10	17:15
Wed	13 MAR 24	KQ510	NBO	Nairobi	ACC	Accra	11:30	14:10
Sun	17 MAR 24	KQ511	ACC	Accra	NBO	Nairobi	22:00	06:40#
Mon	18 MAR 24	KQ760	NBO	Nairobi	JNB	Johannesburg	07:45	10:55

09 MAR Depart from Johannesburg OR Tambo for your flight to Nairobi
On arrival transfer from airport to hotel
DoubleTree by Hilton Nairobi Hurlingham
Address Ngong Lane, off Ngong road, Nairobi, Kenya



Located in quiet corner, just off Ngong Road, Doubletree By Hilton Nairobi boasts contemporary and modern design. The hotel has air-conditioned rooms and offers an outdoor pool. Prestige Plaza is within 5 minutes' walk. The spacious and elegantly decorated rooms and suites are equipped with air conditioning, LCD TVs with satellite channels, safety deposit box and complimentary tea-and-coffee making facilities. Room service and free WiFi are available. With an outdoor terrace overlooking the pool, the hotel's restaurant serves local and international cuisine. A buffet breakfast is served in the morning and evening drinks can be enjoyed in the chic Piano Lounge. Doubletree By Hilton Nairobi has a 24-hour fitness center, a 24-hour business center, a gift shop, as well as meeting and conference facilities. The hotel has easy access to several shopping malls and is 1.5 km away from the Yaya Centre and 3 km from the The Junction Shopping Center. Jomo Kenyatta International Airport is 22 km from the property while Nairobi's city centre is 6 km away.

10 MAR Tour of Nairobi National Park, Elephant Sanctuary and Giraffe Center
Get up close to magnificent wildlife on a group tour of Nairobi National Park. Visit the David Sheldrick Elephant Orphanage, learn about endangered animals at the Giraffe Center, and watch a Traditional dance and music show at Bomas of Kenya.

11 MAR Private Nairobi City 4-Hour Tour - When you want to know Nairobi and all it has to offer, take a few hours on a private city tour that will include the Railway Museum, the city center and the city market.

12 MAR Shortly after breakfast you will be picked up for your full day meetings

13 MAR Transfer from Nairobi Hotel to Airport for your flight at 11:30

Arrive in Accra and transfer from Airport to Kempinski Hotel Gold Coast

Kempinski Hotel Gold Coast City ,

Address: Kempinski Hotel Gold Coast City Accra Ministries, Gamel Abdul Nasser Avenue PMB 66

Kempinski Hotel Gold Coast City - Accra is the only five-star luxury hotel offering state of the art meeting facilities and services in the city. Conveniently located in the downtown area and in close proximity to the State House, the Accra International Conference Centre and the National Theatre. The property has 269 luxury rooms (largest room size in Accra), 24 suites, a variety of F&B offerings as well as large conference facilities and the largest SPA in West Africa (opening soon), a perfect mix of categories to meet the needs of both corporate and conference visitors to the country.



- 14 MAR Morning half day city tour of Accra –
This 5 hour tour will commence at 09h00 from you hotel and first visit the Makola Market with its beautiful display of products. Continue to the old suburbs of Accra such as the British, Dutch, Brazillian and Danish Accras. Following this will be the Kwame Nkrumah Museum and Park to learn about the African of the last century, Osagyefo Dr. Kwame Nkrumah and shop at the Art Centre in Accra before retiring the day. This mini tour of Accra will take you to the core of the city to explore places such as the Makola Market which is the largest open market in Accra. This fascinating market has been compartmentalized into various sections to make shopping easy for buyers. You will have the chance to walk through this unusual busy market and even get the chance to bargain for stuff you would like to purchase. We will continue the tour to the oldest suburbs of the city to explore British Accra as identified by the Fort James, Dutch Accra as identified by the Ussher Fort, Danish Accra as marked by the Christianborg Castle and Brazil Accra in Ga Mashie identified by settlements of Returnee slaves from Brazil following the abolishing of the infamous slave trade. You will visit the Kwame Nkrumah Park to learn about the Great Pan-African who championed the course for Africa's independence and liberation. See his final resting place after being buried thrice. End up at the Art Centre for shopping.
- Lunch will be served at the Buka Restaurant (or similar) for typically West African cuisine. Return to hotel after lunch
- 15 MAR Breakfast – followed by full day business meetings
- 16 MAR Breakfast – followed by morning tour of Accra's former slave forts and museums.
Meet your guide in central Accra and set off on your leisurely paced walking tour. Although the slave trade is long gone, monuments still stand here as chilling reminders of this terrible human trade. With your knowledgeable guide, explore the former slave prisons of Ussher Fort and James Fort in the Jamestown district. Two of the many European forts built along the Ghanaian coast, these military posts were used to store commodities and to hold West African slaves before they were shipped overseas. At Ussher Fort, head inside the museum that charts Ghana's slave trade with poignant artifacts and displays. Having wandered around the exhibits inside the museum, finish your tour in central Accra.
- Afternoon at leisure to explore Accra on your own before returning to the hotel.
- 17 MAR Breakfast – followed by half day business meetings then at 17:00 transfer from hotel for Accra Airport to Johannesburg

WELCOME HOME!